

## SCDLMCB8

Lead and manage provision of care services that supports the development of positive behaviour



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### Overview

This standard identifies the requirements associated with leading and managing the provision of care services that supports the development of positive behaviour. It includes leading and managing systems, policies, procedures and practice that support person centred approaches to the development of positive behaviour.

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### Performance criteria

#### Manage the implementation of policies, systems, procedures and practice for supporting the development of positive behaviour

*You must be able to:*

- P1 review policies, systems, procedures and practice for positive behaviour support to ensure that they comply with legislative, regulatory and organisational requirements and local and national guidelines
- P2 ensure that all policies, systems, procedures and practice for positive behaviour support are **person centred**
- P3 implement policies, systems, procedures and practice for positive behaviour support in the context of legislative, regulatory and organisational requirements
- P4 support workers to understand how policies, systems, procedures and practice guidelines which support the development of positive behaviour can reduce **behaviours of individuals** that create a risk to themselves, **key people** or others within the service provision or within community settings
- P5 ensure that workers adhere to policies, systems, procedures and practice guidelines that support the development of positive behaviour
- P6 ensure that workers have access to **development opportunities** that support them to develop the knowledge, understanding and skills needed to support individuals with positive behaviour

#### Lead and manage practice that supports the development of positive behaviour

*You must be able to:*

- P7 develop a culture within the service that actively supports the development of positive behaviour
- P8 lead the management of practice that sets clear, safe and consistent boundaries for individuals
- P9 develop a culture where **active participation** methods are used to engage individuals to reduce the likelihood of boredom or frustration
- P10 ensure that **positive interaction** is used by workers to reinforce the positive behaviours of individuals
- P11 ensure that workers **support individuals** to recognise the benefits of positive behaviour for themselves, key people and others
- P12 ensure that workers support individuals to develop an understanding of why some behaviours are considered harmful or

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- unacceptable
- P13 ensure that workers support individuals to develop an understanding of the consequences of harmful or unacceptable behaviours
  - P14 ensure that workers practice in ways that support individuals to take as much control of their own behaviour as possible
  - P15 role model best practice in supporting the development of positive behaviour
  - P16 ensure that workers are consistent in their approaches and responses to individuals
  - P17 seek additional support where there are on-going concerns about the behaviour of individuals
  - P18 ensure that behaviour support plans have been agreed by a multi-disciplinary team where **interventions** are needed to support individuals to develop positive behaviour
  - P19 ensure that behaviour support plans are person centred and take full account of the individual's needs, history and circumstances
  - P20 ensure that all workers comply with behaviour support plans for individuals
  - P21 ensure that all workers understand that they cannot take punitive actions against individuals
  - P22 ensure that workers undertake the training required to carry out agreed interventions safely in line with legislative, regulatory and organisational requirements
  - P23 ensure that interventions are monitored and accurately recorded in line with legislative, regulatory and organisational requirements
  - P24 ensure that interventions are analysed and used to routinely review behaviour support plans
  - P25 ensure that workers reflect on their use of interventions to identify where these have been successful and where changes or improvements are required
  - P26 use analysis of interventions to inform the practice of workers and their development needs
  - P27 implement systems, procedures and practice to debrief workers involved in incidents of unwanted behaviour
  - P28 provide **post incident support** to workers where this is needed following an incident of harmful or unacceptable behaviour

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### Knowledge and understanding

*You need to know and understand:*

#### Rights

- K1 legal and work setting requirements on equality, diversity, discrimination and rights
- K2 your role in developing and maintaining systems, procedures and practices which promote individuals' rights, choices, wellbeing and active participation
- K3 your duty to report any acts or omissions that could infringe the rights of individuals
- K4 how to **critically evaluate** and take informed action against discrimination
- K5 the rights that individuals have to make complaints and be supported to do so
- K6 how to ensure that individuals are informed about the service they can expect to receive
- K7 your role in developing and maintaining systems, procedures and practices which ensure that individuals have access to information about themselves in a format they can understand
- K8 conflicts and dilemmas that may arise in relation to rights and how to address them

#### Your practice

*You need to know and understand:*

- K9 legislation, statutory codes, standards, frameworks and guidance relevant to your work, your work setting and the content of this standard
- K10 your own background, experiences and beliefs that may have an impact on your practice
- K11 your own roles, responsibilities and accountabilities with their limits and boundaries
- K12 the roles, responsibilities and accountabilities of others with whom you work
- K13 how to access and work to procedures and agreed ways of working
- K14 the meaning of person-centred/child centred working and the importance of knowing and respecting each person as an individual
- K15 the prime importance of the interests and well-being of the individual
- K16 the individual's cultural and language context
- K17 how to build trust and rapport in a relationship
- K18 how your **power and influence** as a leader and manager can

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- impact on relationships
- K19 the role of independent representation and advocacy for individuals
- K20 how to work in ways that promote active participation and maintain individuals' dignity, respect, personal beliefs and preferences
- K21 how to work in ways that achieve positive outcomes for individuals
- K22 how to manage resources to deliver services that meet targets and achieve positive outcomes for individuals
- K23 how to distinguish between **outputs** and **outcomes**
- K24 how to work in partnership with individuals, key people and others
- K25 how to identify and manage ethical conflicts and dilemmas in your work
- K26 how to challenge and address poor practice
- K27 how to address concerns and complaints
- K28 how and when to seek support in situations beyond your experience and expertise
- K29 the nature and impact of **factors that may affect the health, wellbeing and development of individuals** you care for or support
- K30 theories underpinning our understanding of human development and factors that affect it

#### Personalisation and resources

*You need to know and understand:*

- K31 how to critically evaluate evidence and knowledge based theories and models of good practice about empowerment and citizen directed services
- K32 how to identify and promote the potential of individuals to use their personal strengths and resources to achieve change
- K33 the value and role of family networks, communities and groups in achieving positive outcomes, and ways to develop them
- K34 the nature of **personalisation** and personalised services, including self directed support
- K35 the range of resources available within informal networks, within the wider community, through formal service provision and through innovation
- K36 how assistive technology can be used to support the independence of individuals
- K37 how to lead, manage and support others to plan, deliver and review personalised services with individuals

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### Continuing professional development

*You need to know and understand:*

- K38 principles of reflective practice and why it is important
- K39 your role in developing the professional knowledge and practice of others
- K40 how to promote **evidence based practice**
- K41 methods of managing performance to meet targets and achieve positive outcomes
- K42 how to assess performance
- K43 how to provide constructive feedback to others on their practice and performance
- K44 how to address performance that does not meet required standards
- K45 how to use supervision to support the practice and performance of others
- K46 how to use appraisal to support the practice and performance of others
- K47 systems, procedures and practices for managing workloads
- K48 methods for delegating work

### Communication

*You need to know and understand:*

- K49 factors that can affect communication and language skills and their development in children, young people or adults
- K50 methods to promote effective communication and enable individuals to communicate their needs, views and preferences
- K51 factors that can affect communication within and between organisations
- K52 methods to promote effective communication within and between organisations

### Health and Safety

*You need to know and understand:*

- K53 legal and statutory requirements for health and safety
- K54 your work setting policies and practices for monitoring and maintaining health, safety and security in the work environment

### Safe-guarding

*You need to know and understand:*

- K55 legislation and national policy relating to the safe-guarding and protection of children, young people and adults
- K56 the responsibility that everyone has to raise concerns about possible harm or abuse, poor or discriminatory practices

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- K57 indicators of potential harm or abuse
- K58 how and when to report any concerns about harm or abuse, poor or discriminatory practice, resources or operational difficulties
- K59 what to do if you have reported concerns but no action is taken to address them
- K60 local systems and multi-disciplinary procedures that relate to safeguarding and protection from harm or abuse
- K61 how to support others who have expressed concerns about harm or abuse

#### Multi-disciplinary working

*You need to know and understand:*

- K62 the purpose of working with other professionals and agencies
- K63 the remit and responsibilities of other professionals and agencies involved in multi-disciplinary work
- K64 features of multi-disciplinary and interagency communication
- K65 how different philosophies, principles, priorities and codes of practice can affect partnership working

#### Handling information

*You need to know and understand:*

- K66 legal requirements, policies and procedures for the security and confidentiality of information
- K67 legal and work setting requirements for recording information and producing reports within timescales
- K68 principles of confidentiality and when to pass on otherwise confidential information
- K69 how to support the effective sharing of information to achieve positive outcomes for individuals
- K70 how to record written information with accuracy, clarity, relevance and an appropriate level of detail
- K71 how to use evidence, fact and knowledge-based opinion to support professional judgements in records and reports
- K72 how and where electronic communications can and should be used for communicating, recording and reporting

#### Leading and managing practice

*You need to know and understand:*

- K73 how to **critically analyse** theories about **leadership** and **management**
- K74 standards of practice, service standards and guidance relating to the work setting

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- K75 national and local initiatives to promote the well-being of individuals
- K76 models of practice for the use of early interventions
- K77 lessons learned from government reports, research and inquiries into serious failures of health or social care practice and from successful interventions
- K78 methods of supporting others to work with and support individuals, key people and others
- K79 how to lead and manage practice that achieves positive outcomes for individuals
- K80 methods of supporting others to recognise and take informed action against discrimination
- K81 how to develop systems, practices, policies and procedures
- K82 how to implement, monitor and evaluate systems, practices, policies and procedures
- K83 how to promote the services and facilities of your work- setting
- K84 techniques for problem solving and innovative thinking
- K85 how to motivate others
- K86 how to critically evaluate evidence and knowledge based theories and models of good practice about change management
- K87 how to use change management techniques

#### Risk management

*You need to know and understand:*

- K88 how to critically evaluate principles and frameworks of risk assessment and risk management
- K89 principles of positive risk-taking
- K90 how to lead others to develop practice that supports positive risk-taking

#### Managing people

*You need to know and understand:*

- K91 legal and work-setting requirements for **employment practices**
- K92 internal and external governance arrangements for the work-setting
- K93 factors that can lead to pressures on the service, individual and team performance
- K94 how to manage time, resources and workload of self and others
- K95 how to manage team dynamics
- K96 how to create a culture that promotes openness, creativity and problem solving
- K97 how to create a culture that supports people to embrace change



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## Specific to this NOS

*You need to know and understand:*

- K98 how to critically evaluate leadership and management methods, principles and approaches relevant to supporting the development of positive behaviour
- K99 how to use risk management techniques in the context of positive behaviour support
- K100 how to critically evaluate literature, research, theories and models about supporting the development of positive behaviour
- K101 the use of assessments and **functional analysis** to inform behaviour support plans
- K102 the uses of primary and secondary prevention strategies in supporting the development of positive behaviour
- K103 how to support workers to understand the difference between the consequences of behaviour and punishment or punitive actions
- K104 how current legislation, regulations, national guidelines and policies inform positive behaviour support practice
- K105 legislation and national guidelines and policies on the use of restrictive physical interventions
- K106 how to provide post incident support to workers
- K107 the importance of using **active participation** methods and positive reinforcement to encourage positive behaviour

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## Additional Information

### Scope/range related to performance criteria

The details in this field are explanatory statements of scope and/or examples of possible contexts in which the NOS may apply; they are not to be regarded as range statements required for achievement of the NOS

**Active participation** is a way of working that regards individuals as active partners in their own care or support rather than passive recipients. Active participation recognises each child or young person's right to participate in the activities and relationships of everyday life as independently as possible

**Behaviours** may include behaviours that are: aggressive; anti-social; disruptive; isolating, such as withdrawal; repetitive; obsessive; verbally abusive and put the physical safety of the individual or others in serious jeopardy or are likely to seriously limit the individual's use of ordinary community facilities

**Development opportunities** may include a blend of educational programmes, training activities, mentoring, coaching, shadowing, induction, supervision, guided reading, research, action learning sets, peer group discussions

The **Individual** is the person you support or care for in your work

**Interventions** would be either 'primary prevention' – proactive strategies that involve changing aspects of an individual's living, working and recreational environments to reduce the likelihood of unwanted behaviours occurring or 'secondary prevention' – reactive strategies that apply when an individual's behaviour begins to escalate. They are then used to prevent a major incident from occurring. Where these include any form of physical interventions, they must be used in strict accordance with legal and work setting requirements and the behaviour support plan of the individual

**Key people** are those who are important to an individual and who can make a difference to his or her well-being. Key people may include family, friends, carers and others with whom the individual has a supportive relationship

**Person centred** approaches are practices that fully recognise the uniqueness of the individual and establish this as the basis for planning and delivery of care and support

**Positive interaction** would include providing adequate levels of support to individuals to engage in activities, breaking activities into manageable steps,

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providing positive reinforcement by using praise or other agreed rewards

**Post incident support** may include: emotional support; time away from the service setting; first aid; quiet time; space; temporary redeployment; additional training; personal reflection; counselling; the opportunity to express feelings

To **support individuals** must take account of their level of understanding, development and abilities

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#### Scope/range relating to knowledge and understanding

The details in this field are explanatory statements of scope and/or examples of possible contexts in which the NOS may apply; they are not to be regarded as range statement required for achievement of the NOS.

**All knowledge statements must be applied in the context of this standard.**

**In relation to all knowledge statements you need to know and understand the specified areas of knowledge and be able to critically apply the knowledge and understanding in your leadership and management practice**

**Active participation** is a way of working that regards individuals as active partners in their own care or support rather than passive recipients. Active participation recognises each child or young person's right to participate in the activities and relationships of everyday life as independently as possible

**Critically analyse** is to examine something closely such as a policy, procedure, theory, complex situation, problem or an approach to practice – identifying the parts or issues that contribute to the whole product, situation or idea and determining how these different parts affect the quality of the whole product or how the individual issues affect the overall situation

Critical analysis involves a weighing-up of the factors concerned, for their contribution of strengths / weaknesses or advantages / disadvantages of a product or in a situation. Critical analysis is part of the process of understanding issues and developing original and creative responses

**Critically evaluate** is to weigh arguments for and against something, assessing all evidence, this could relate to factors such as models of care service delivery, policy development, theories, approaches to practice

Critical evaluation requires a weighing up and making judgements on factors such as currency, relevance, validity, outcomes, cost, sustainability, risk, and fitness-for-purpose of a product or a service against other products, services or ideas, using relevant criteria to frame the evaluation and inform decision-making

**Employment practices** should include recruitment, performance management, disciplinary procedures, grievance procedures

**Evidence based practice** uses systems, processes and 'practice wisdom' that has been proved to be effective in supporting the achievement of positive

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outcomes. Evidence may have been drawn from a variety of sources: research, both formal and informal, and the views and opinions of individuals, key people and those involved in the delivery of care services

**Factors that may affect the health, wellbeing and development** may include adverse circumstances or trauma before or during birth; autistic spectrum disorder; dementia; family circumstances; frailty; harm or abuse; injury; learning disability; medical conditions (chronic or acute); mental health; physical disability; physical ill health; poverty; profound or complex needs; sensory needs; social deprivation; substance misuse

**Functional analysis** the process for identifying or analysing the function or purpose of someone's behaviour, using a range of structured measures

**Leadership** is the ability to provide strategic direction and a sense of purpose. Effective leaders create a sense of trust, confidence and belief, inspiring people to adopt the values and behaviours they promote. They are innovative, creative and motivating

**Management** is the ability to set the operational direction and organise the effective running of the service provision to meet the overall service needs including ethical, legislative, regulatory and organisational requirements. Effective managers facilitate and organise resources in order to optimise the performance of others, allowing them to carry out tasks and achieve goals efficiently and effectively. They provide clarity and accountability that enable teams to meet their objectives

**Outcomes** are the changes or differences that individuals or care services are trying to achieve. Hard outcomes are changes that are clear and obvious, or those that involve a visible change in people's behaviour or circumstances. Soft outcomes are changes that are less easy to observe and measure, or those that involve more subtle changes inside people such as a change in someone's attitude, sense of well-being or how they see or feel about themselves

**Outputs** are the tangible products, services or facilities that are a result of organisational activities or the activities of those involved in the delivery of the service provision. Outputs may be used to achieve outcomes

**Personalisation** can be defined as 'changing the power balance so that each person really does have choice and control over the care services that they want. From being a recipient of services, individuals become involved in

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selecting and shaping the services they use'. Personalisation is a social care approach that encompasses citizen-directed support; self-directed support; the use of direct payments or personal budgets; the provision of accessible information and advice on care and support and the promotion of independence and self-reliance amongst individuals and communities

Depending on how it is used the **power and influence** of leaders and managers may have either a positive or negative effect upon relationships

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### Values

Adherence to codes of practice or conduct where applicable to your role and the principles and values that underpin your work setting, including the rights of children, young people and adults. These include the rights:

- To be treated as an individual
- To be treated equally and not be discriminated against
- To be respected
- To have privacy
- To be treated in a dignified way
- To be protected from danger and harm
- To be supported and cared for in a way that meets their needs, takes account of their choices and also protects them
- To communicate using their preferred methods of communication and language
- To access information about themselves

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